Supporting Children and Young People around gambling harms

Gambleaware

December 2019
Looking over the edge
What do The Mix users worry about?

- Anxiety
- Money
- Family
- Suicidal thoughts
- PTSD
- Brexit
- Worklife
- Health
-PTSD
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Reach of services offered by The Mix

Social impressions: 7,000,000
Social subscribers: 105,000
Online information & peer support: 2,400,000
Crisis, listening & signposting: 60,000
Counselling: 1,800

Our cost per intervention is just 60p
We reach 2.5 million young people every year
"In a lot of debt on my credit card, due to online gambling, too many nights out, too many football matches (every home & away) and just can't stop spending. Been thrown out of my house, had fights with family and all but failed my exams. Also, have no love life whatsoever... :banghead: 

Asking our community
“First off, cut the card up right now to stop you using it. Then go into the bank, explain the situation, and tell them you want to set up a payment plan to pay off the money. I know it's scary confronting a problem like this but it's the only way to get it sorted.”

“Gambling sites are probably not the best way forward for you. They seem good when you're reading about what you could win, but the chances are you will lose and then you'll be in a worse position than before.
Anyone placed any bets?

“meh, gambling, I'd rather not.”
Thank you